Timing	Content Focus	Description
15 min	Welcome and Introduction	
10 min	Basics of Strengths	Discover the Findings Behind Talent The basics of strengths are discovered. What is the difference between talent and strength.
10 min	The Four Domains of Talent	How Do You Achieve the Most? See how the four domains of strengths impacts your journey to become more effective.
5 min	How to See Strength	Grasp Your Strength In this challenge we will explore how to discern between strengths and weakness. Participants will gain a tacit understanding of talent.
20 min	Owning My Talent	Own Your Talent Participants claim the talent that is unique to them and how it shows up in daily routines.
15 min	Break	
20 min	Your Unique Talent	Expand Your Talent Participants dig deeper into their strengths and defines further what makes them valued contributors.
25 min	Talent in Action	Your Highest Performance Participants discover the power and edge of their own talent.
25 min	Your Talent at its Best	Describe Use of Talents Participants analyze the talent they have and navigate how to use strength in the future.
25 min	The Wall of Talent	See Your Team with a New Perspective This activity brings new insights about your team to prominence. Here you and your team reflects on the team (organization) with new insight.
25 min	Eliminate Weakness build on Strength	What Makes You Not Effective Participants become aware of how the talents they have can be more effective and what could be holding them back.
30 min	My Strengths Strategy	Create a Roadmap to Success Participants create a strategy to invest into the talent that defines their roles.
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